Eastern Plumas Health Care

EASTERN PLUMAS HEALTH CARE DISTRICT
REGULAR MEETING OF THE BOARD OF DIRECTORS
MINUTES
Thursday, June 26, 2025 at 4:00 p.m.

1. **Call to Order**
Meeting was called to order at 4:00 p.m.

2. **Roll Call**
Augustine Corcoran, Board Chair (absent); Gail McGrath, Board Member; Paul Swanson, M.D., Board Member; Linda Satchwell; Board Member (absent); Marcia Hughes, Board Member.

Staff in attendance: Katherine Pairish, CFO; Penny Holland, CNO; Lorraine Noble, Director of Nursing; Megan McCrorey, Director of Ancillary Services; Tracy Studer, Director of Clinics; Max Barroso, Director of Rehabilitation, and Barbara Sokolov, Clerk of the Board.

3. **Board Comments**
None

4. **Public Comment**
None

5. **Consent Calendar**
   - **Approval of Minutes** – Approval of the minutes from the May 22, 2025 Board of Directors Meeting
   - **ACTION** – Motion was made by Director Hughes, seconded by Director McGrath to approve the minutes as presented
     Roll Call Vote – AYES: Directors Hughes, and Swanson
     Nays: None
   - **Public Comment**: None

6. **Auxiliary Report** **Gail McGrath**
Gross sales for March were reported at $11,332 with a net income of $7,082. April sales were $14,000 with a net income of $7,637.

7. **Staff Reports**
   A. Chief Nursing Officer Report **Penny Holland**
   The acute floor continues to be busy. Renown Medical Center has indicated they will not provide transportation to EPHC and REMSA is charging after 25 miles. Working to establish an agreement to split the cost for the remaining miles to the EPHC campus. Working with the Board of Nursing to have students from UNR to work in our rural locations.
   B. SNF Director of Nursing **Lorraine Noble**
   See June BOD report
   C. Director of Clinics **Tracy Studer**
   See May BOD report.
   D. Chief Financial Officer **Katherine Pairish**
   See May BOD report.

Summary
This report will cover the eleven months ending May 31, 2025, compared to the eleven months ending May 31, 2024.

Total Patient Revenues were lower than last year by $450.215 with Net Patient Revenues higher than last year by $2,694,783, due to a reduction in contractual allowances as we have worked accounts receivable to reduce aging over 90 days.

Total Operating Revenue was higher than last year by $4,092,081. This is due mainly to the receipt of IGT's over last year by $1,186,053 and the reduction in contractual allowances as mentioned above. Operating Expenses were higher than last year by $1,732,637.

Revenues (Year-to-Date May 2025 Compared to Year-to-Date May 2024)
Total Inpatient Revenues were higher by $1,186,053, with Skilled Nursing Revenues posting higher by $1,059,310. This is due to the timing of the posting of SNF revenue in Cerner. Pro Fees were lower by $160,472. Total Outpatient Revenues were lower by $1,819,869, and Clinic Revenues were higher by $344,112.

Expenses (Year-to-Date May 2025 Compared to Year-to-Date May 2024)
Salaries and Benefits: Combined Salaries and Benefits were higher by $341,413 or 2%.
Purchased Services: Purchased Services were higher by $1,481,869 or 26%
Professional Fees: Professional Fees were higher by $24,585 of 1%
Repairs & Maintenance: Repairs & Maintenance were lower by $267,206 or 32%.
Utilities: Utilities were higher by $92,212 or 9%.
Supplies: Supplies were lower by $102,070 or 4%.
Depreciation Expense: Depreciation Expense was higher by $101,135 or 9%.
Other Expenses: Other Expenses were lower by $30,839 or 4%. These include training, travel, and dues and subscriptions.

Revenue Cycle
Gross Accounts Receivable as of May 31, 2025, was $6.8 million. This is a 39% decrease from May 31, 2024. AR Days as of May 31, 2025, were 52.

Balance Sheet
Total cash increased $2,285,866 or 11%. Net AR decreased $2,087,034 or 33%. Total Liabilities decreased $385,440 or 6%. Fund Balance increased $621,183 or 2%

Additional Information
Days cash on hand on May 31, 2025 was 197. The increase since last month is due mainly to the receipt of $4,539,775 in IGT's. May 31, 2024, days cash on hand was 186. We plan to present the 25/26 budget at the next meeting.

8. **Acceptance of Draft Financials as Presented** Augustine Corcoran
    ACTION: Motion was made by Director Swanson, seconded by Director McGrath to approve the draft financials as presented.
    Roll Call Vote: AYES: Directors Hughes, Swanson, McGrath
    Nays: None
    Public Comment: None

9. **Chief Executive Officer Report** Doug McCoy

OPERATIONAL OVERVIEW:

EPHC hosted a visit from James Shook representing Congressman Kiley on May 1st. Topics included our scope of services, community needs assessment, upcoming projects, and potential impacts of proposed MediCaid funding reductions to our District. Key written information was provided and forwarded to the Congressman for his review. Congressional advocacy by both Senators and Representatives has increased over the past month but this issue remains our key focus going into the summer months.

The Delleker property site development project continues to move forward, and we anticipate receipt of a lease agreement the week of May 19th. Sub-contractor bid requests for all four projects have been sent out with a goal of receiving quotes by early June. For the Nifty Thrifty project, our intention is to submit most of the bids by June 15th to receive funding and initiate work in September. By having multiple projects, we hope to increase the number of competitive bids from surrounding areas given the lack of contractors in the Portola area.

We are meeting with the SRHRP (Small Rural Hospital Relief Program) team on May 19th to finalize our seismic grant application for funding to support both the engineering costs and boiler project. Additional information from the meeting will be provided during the Board meeting on May 22nd.

Our CalAIM team was recently selected as a recipient of the Partnership HealthPlan make a difference award and will receive $10,000 for the recognition. With 110 current members receiving service, we are very proud of Joanna and the CalAIM team for this great achievement!

We attended a conference this month hosted by CHIC which coordinates our new employee health insurance collaborative. The meeting provided additional programs which could be added as employee benefits and strategies to enhance employee satisfaction while reducing costs. As a result, we will be adding two new benefits at no cost to our employees. Cancer Experts Now is a service that will provide support to employees and family members navigating cancer treatment options through telemed consultation with nationally recognized physician experts. These physicians will also participate in collaboration on treatment options with the patient's primary physician, which has led to a modification of the treatment plan in 82% of the cases. Fedlogic is a service that will help navigate employees through multiple coverage options to reduce out-of-pocket costs for significant medical events. Max Barroso and Jennifer Vimbor are also in the process of developing an employee wellness program. We are excited to offer these enhancements to our employee benefit program

COMPLIANCE PROGRAM:

There were no reported compliance issues from April 18th to May 18th. To strengthen our compliance program and reduce cyber security risk, EPHC and ITS have implemented an enhanced compliance system. For May, the following actions were initiated.

- Establishment of a central security and compliance portal which will host a risk register, HIPAA control status, vendor questionnaires, and task assignments.
- Installation of the latest recommended Microsoft 365 and Azure security settings.
- Adoption of CIS (Center for Internet Security) controls which cross maps to HIPAA and PCI-DSS regulations.
- Implementation of enhanced governance through monthly security reviews, identification of new or remediated risks, hardening action implementation scheduling, and establishment of key milestones.

Monthly updates to the Board will be provided under this reporting section for additional system strengthening actions and risk assessments.

10. Policies

Public Comment: None.

ACTION: Motion was made by Director McGrath, seconded by Director Hughes to approve the policies this month.

Roll Call Vote: AYES: Directors Hughes, Swanson, McGrath
Nays: None

11. Committee Reports Board Members

A. Finance Committee

Director Swanson commented that the organization was on track to break even with the potential reductions in MediCal based on the current fiscal year performance. Patient care services and utilization of resources are being managed well in preparation for these adjustments.

12. Public Comment

None.

13. Board Closing Remarks

The Board thanked the staff for their continued service to the community.

Open Session recessed at 4:34 p.m.

14. Closed Session

A. Pursuant Hearing (Health and Safety Code 32155)
Subject Matter: Staff Privileges

Tele Radiology

- Hwang, Janice M.D - 2 year appointment
- Jacobs, David M.D. - 2 year appointment
- Nalaboff, Kenneth M.D. - 2 year appointment
- Reuss, Peter M.D. - 2 year appointment
- Jansen, Jeremiah M.D. – 1 year appointment

Senior Life Solutions by Proxy Credentialing

- Wright, Christopher D.O. - 1 year appointment

B. Public Employee Performance Evaluation (Government Code Section 54957) Subject Matter: *CEO*

15. Open Session Report of Actions Taken in Closed Session

The Board returned at approximately 4:50 p.m.

A: ACTION- The Board unanimously approved a motion to provide staff privileges to all persons listed on agenda item 14.A

B: No Action taken 14.B

16. Adjournment

Meeting adjourned at 4:50 p.m.

Eastern Plumas Health Care
Nursing Division
Skilled Nursing Facilities
Board Report 6/26/2025
Lorraine Noble RN

CENSUS is 63 with one bed hold

STAFFING

Nursing Assistant training program: Starting on 6/30/25 with 8 students

Portola Campus:

- 3 travelers currently: 1-RN, 1-LVN, and 1-C.N.A.

Loyalton Campus:

- 11 travelers currently: 3 LVNs, 8-C.N.A.s

STATE ISSUES:

5/14/2025 We received 3 deficiencies, 2 of them are a (G.) high scope and severity in which we will receive citations. The Plan of corrections was sent in and accepted by the state on 6/6/2025. These deficiencies were:

1. F550 notification of changes in condition to physician and family,
2. F689 free of accidents hazards, supervision/devices
3. F697 pain management

Eastern Plumas Health Care
Board Report
Tracy Studer Director of Clinics
June 26, 2025

- Dr. Lillegraven is targeting August 2025 or sooner to begin work at LMC. He continues to research rental options.

- The NHSC application was submitted on Thursday, June 12, 2025, which was earlier than the deadline of June 17, 2025. Submitting early allowed time for all participants in the application process to make updates or corrections needed. Megan McCrorey, Cody and Sesha from IT, Mila and Nathan from Wipfli staff and I met again on Tuesday, June 17, 2025 to touch base on any emails or correspondence that may had occurred. The application showed "in review". No changs or updates needed to be made.

- Billing for Veterans Insurance- On June 17, 2025, clinic staff met with Taryn Russell and Brittany Valjalo regarding Veteran's Insurance billing. VA insurance requires renewal annually. Taryn and the business office offered much appreciated assistance in taking over the responsibility of VA insurance renewal. Having the business office in this role will help support our Veteran's in their healthcare needs, not only within our clinics but in other EPHC departments such as radiology and lab.

- An EPHC Clinical AI Demonstration was held via Zoom on 6-18-2025. The meeting was well attended by providers and staff. The AI for documentation in a patient chart appears to have a lot of promise to help reduce time of charting. Conversations of interest or concerns related to the Cerner AI component continue with providers, administration and staff.

- A scheduled quarterly lunch meeting was held on Wednesday, June 18, 2025, with Partnership representatives for our region. A topic of interest for the EPHC team was the recent finding that EPHC is unable to be credentialed with Carelon, who provides insurance support for the Behavioral Health needs of Partnership patients. Renee Gnomes, and Dr. Matthew Morris from Partnership fully understand the negative impact this creates for our patients and our behavioral health department. The Partnership team vowed to take this insurance issue to higher Partnership and Carelon administration. We are hopeful for a swift resolution.

- A new registration clerk/referral assistant started work in the clinics on June 9, 2025. Syndey Burritt has already shown her aptitude in healthcare work, making big strides in learning her role of referral assistant. Her orientation to the clinics will have her on the phones and at the front desk soon. We are very happy to have her.

Eastern Plumas Health Care
Board of Directors Meeting
June 26, 2025
Megan McCrorey, Director of Ancillary Services

1. Senior Life Solutions – Outpatient Behavioral Health Program

This project is actively progressing, though we are experiencing some minor delays. The architectural design phase is underway. The projected opening date may shift slightly depending on the timeline for HCAI plan approval, construction, and subsequent licensure from CDPH. A few strong candidates have been identified for the open clinical roles, and interviews are currently in progress.

2. Physical Therapy Relocation

The lease for the new site has been finalized. As with our other projects, the process will follow the required regulatory sequence: architectural design, submission to HCAI, construction, and final licensure approval from CDPH. The new space cannot be utilized until the state issues an updated hospital license reflecting the relocation. The site offers significantly more square footage, and the therapy team has exciting plans to best utilize the space.

3. Nifty Thrifty Renovation

We have received competitive bids from local contractors, most of which came in well below the total grant funding available. This favorable variance provides a financial cushion for potential change orders or unforeseen costs, ensuring the renovation can be completed without drawing on hospital operational funds. Final drawings are expected soon, with construction targeted to begin in October 2025.

4. Child Care Center – On-Campus Employee Child Care

We are moving forward with our partnership with Bright Horizons, a nationally recognized provider of employer-sponsored child care services. Bright Horizons will employ and manage all child care staff, overseeing daily operations, regulatory compliance, and curriculum development. This ensures a high-quality program with minimal administrative burden for EPHC.

Due to space limitations, the center is currently planned to accommodate up to 20 children, ages 6 weeks to 5 years. Hours of operation are tentatively set for 11 hours per day, Monday through Friday, to support employees working 10-hour shifts. The center will be closed for major holidays. These parameters may be adjusted as operations are finalized.

While the Physical Therapy department remains in the space, we are working in parallel to complete all necessary preparatory work. Once PT relocates, renovations for the child care center will begin. As with our other projects, the renovated space must be licensed by the state prior to opening. Bright Horizons will lead the licensure process, a service they routinely perform, and we anticipate a smooth transition.